#FRIENDS CAN TELL

"That seems like a red flag"

"I've heard what they say to you- it's not OK"

"It's not your fault"

"I won't judge you"

"You deserve kindness and respect"

"You can reach out to me whenever you need to"

"I can help you get support if and when you want it?"

"You don't have to do anything you don't want to"

