

NEATH
PORT TALBOT
CVS
CASTELL-NEDD PORT TALBOT

Annual Impact Report
2021-2022

Supporting, promoting and developing
the local voluntary sector

Our Impact across Neath Port Talbot

Our Annual Impact Report highlights the positive differences we have made to communities across Neath Port Talbot during the year 1st April 2021 to 31st March 2022.

Neath Port Talbot Council for Voluntary Service (Neath Port Talbot CVS) is the umbrella organisation for the third sector in Neath Port Talbot. We work with the sector to strengthen communities and to change lives. We campaign for, support, and develop voluntary organisations, community action and volunteering in Neath Port Talbot.

We have 375 members and are in touch with many organisations through a wide range of local, regional, and national networks, all making a real difference in Neath Port Talbot. We would not be able to do this without the support of our funders and partners.

Neath Port Talbot CVS is a member of Third Sector Support Wales (TSSW), a partnership comprising County Voluntary Councils, Volunteer Centres and Wales Council for Voluntary Action. Together, we support Wales' vibrant third sector by working to specifications agreed with Welsh Government.

For more information about Neath Port Talbot CVS' activities and membership details, please visit www.nptcvs.wales

Join us on social media @NPTCVS:

Registered Charity No. 1064450 • Registered in Wales – Company No. 3341466

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Foreword

David Davies JP
Chairman of the Board of Trustees

It gives me great pleasure to introduce our Annual Report for the year 2021-2022. The organisation was formed in 1997 and during all its years of operation, and my role as a trustee and chairman, has there ever been a time of such profound uncertainty that the voluntary sector has had to face? Local communities, which stepped up so remarkably during the pandemic and started planning for the recovery, have been affected by tragic global events and the deepening cost of living crisis. If there ever was any doubt, there is none now that show how markedly the community and voluntary sector, like other sectors, is affected by global events. Steering an organisation through such challenging times has been difficult, as trustee boards and management committees interpret and predict immediate and future needs in order to plan effectively for the delivery of services and support.

I am very proud of the part that CVS has played – and continues to play – in a huge cooperative effort to address these fundamental challenges. As we now face an equal or greater challenge to that posed by the pandemic, the impact of global events makes it more obvious and necessary to work closer together at a local, regional, and national level with our much valued voluntary and community members, and our strategic partners in the public and private sectors.

As Chairman, I thank my trustee colleagues on the board who have given their time generously in providing guidance, support, and scrutiny for the organisation. This Annual Report once again shows the depth of commitment of the Director and the staff team, who have delivered and performed to the highest standards whilst experiencing pressures in capacity and significant increases in demand for support.

Introduction



Gaynor Richards MBE DL LLD (Hon)
Director

In last year's Annual Report, I remarked that the year had been the most challenging that we had faced. Whilst there were some grounds for optimism as we emerged from the pandemic and we were seeing some green shoots of recovery (in its broadest sense), it became clear that optimism would give way to reaction over global geopolitical conflict and the worry in our communities over the first impacts in the significant increases in the cost of living, all evoking memories of darker times. It is a place none of us would have imagined we would be in.

People's health and wellbeing, particularly mental health, has been significantly affected over the past 3 years and it is important that we as an organisation, together with our partners, work hard to provide help and support to those that most need it. That means continuing to strengthen our community groups and organisations and support volunteers in these very difficult times. Community groups themselves are facing unprecedented increases in costs, surging demand, capacity, and difficulties in recruiting new staff and volunteers.

Despite these challenges, this Annual Report shows that we have delivered against contractual commitments with key partners and have brought added value through delivering over and above that which has been expected of us. For us as an organisation, the delivery of the Annual Report is not only a legal requirement and the provision of a set of statistical and financial data, but also about the real-life stories that exist behind the numbers, stories that are about volunteers, service users, voluntary groups, and organisations. It is they who underpin this Annual Report and they to whom tribute is paid in working so hard against all the odds to deliver the support and services throughout our communities.

Although the Annual Report shows what the organisation has done during the reporting year, this would not have been possible without our partners and funders. I thank them for their support and for including us and the wider voluntary and community sector in delivering our shared goals and aspirations that aim to make lives better in our locality.

Difficult times undoubtedly lay ahead. The organisation will remain committed and constant in working in partnership to mitigate against these difficult times, through supporting and encouraging the sector to collectively maximise its efforts in securing vital resources to deliver support and services.

The Year in Brief



Good Governance

15 new groups established.

85 groups supported to strengthen their governance.



Sustainable Funding

£2,100,000 of funding obtained by groups following advice.

£110,126 of funding provided through grant schemes administered by the organisation.

122 organisations supported to access funding.

Engagement and Influencing

56 third sector forums or networks supported.

94 strategic planning/working groups involving third sector representation.



Volunteering

115 individuals supported with volunteering.

63 organisations supported with volunteering good practice.



Focussing on business and service-delivery continuity, we continued to deliver our core activities of the four strategic pillars of sustainable funding, volunteering, engagement and influencing, and good governance. We worked closely with our key partners locally, regionally and nationally to ensure the best possible information, advice, and guidance was available in supporting local groups, organisations, and individuals.

Sustainable Funding

We worked with local groups and organisations, many of which are concerned about medium and longer term sustainable funding. We helped them to access funding made available through a range of funding sources as well as administering and distributing grants for the sector.

Our Achievements

- **£2,100,000** of funding obtained by groups following advice
- **£110,126** of funding provided through grant schemes that we administered 122 organisations supported to access funding

Supporting Communities Project

Funded by Pen y Cymoedd Wind Farm Community Fund CIC, we worked in partnership with Interlink RCT to support groups and organisations across the fund area to access funding for local project delivery.

Community Renewal Fund

We worked with the sector to secure **£500,000** from the UK Community Renewal Fund to deliver a grant scheme for Third Sector Organisations.

Focus on...
SPAG (Supporting People Achieve Goals)

Wanting to uphold the community spirit that was generated during the pandemic, volunteers from Briton Ferry set about establishing a new community group called SPAG (Supporting People Achieve Goals). The group offer a range of services and activities for their local community including; access to surplus foods, parent and toddler group, coffee mornings as well as activities and events for local children.



Volunteering

The recovery and building back to pre-pandemic volunteering and volunteering activities has been the key focus over the reporting year. The surge in the numbers of people presenting to volunteer during the pandemic started to level off as organisations prepared for recovery. Volunteering has remained a key, core function of our support and continues to be a critical part of civic society. Our communities and local groups depend on those giving freely of their time to enable the delivery of much needed services and support throughout the County Borough.

Our Achievements

Throughout the year, we:

- Signposted **115** people to volunteer opportunities
- Facilitated 4 Volunteer Managers' Peer Support Group meetings attended by **63** volunteer involving organisations
- Delivered **9** volunteer talks to education providers, employers and to community groups interested in recruiting volunteers
- Worked with education providers and third sector organisations to create opportunities for Welsh Baccalaureate students
- Delivered **3** volunteer management training sessions attended by **28** participants
- Staff volunteered at Mass Vaccination Centres over the Christmas holiday

Our Volunteering Projects

We delivered three volunteering projects that helped individuals across all age ranges and families in need of support.

Workways +

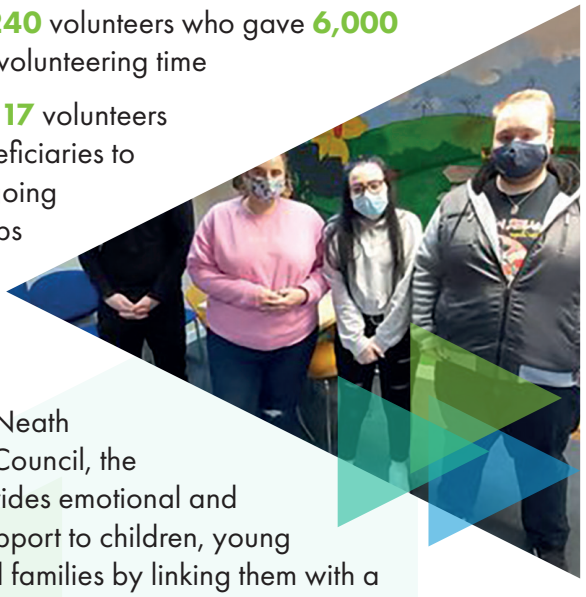
Workways + aims to help people build a better life by helping people into employment. The project offers volunteering, training, and paid work opportunities. During the reporting year, the volunteering elements of the project:

- Supported **14** individual volunteers
- Worked with **63** organisations to develop volunteering good practice

Community Companions

The project, which supported those experiencing loneliness and isolation, came to an end during the year. The project:

- Supported **275** beneficiaries and recruited and trained **240** volunteers who gave **6,000** hours of volunteering time
- Enabled **17** volunteers and beneficiaries to form ongoing friendships



SHINE

Funded by Neath Port Talbot Council, the project provides emotional and practical support to children, young people, and families by linking them with a volunteer befriender. We also developed a pilot outreach project in a local secondary school to explore ways in which the wider third sector could support parents. During the year the project:

- Recruited **31** volunteers providing **4,836** hours of volunteering time
- Supported **27** children, young people, and families
- Delivered **32** training sessions to prepare and develop volunteers
- Delivered **8** outreach sessions at a local secondary school

Neath Port Talbot Youth Fund

The fund supports young volunteers (aged 14-25) to be part of a youth-led grant panel which allocates funding to local groups to develop youth focussed volunteering opportunities. The panel:

- Supported **5** young volunteer panel members who met **4** times throughout the year
- Distributed **£6,698.00** to **7** local groups resulting in the development of **127** new volunteering opportunities for young people

Engagement and Influencing

CVS organised and facilitated online meetings of third sector forums and networks, providing an opportunity to bring groups, organisations, and individuals together. We engaged at a strategic level locally, regionally, and nationally with key partners to influence policies, strategies, planning and provision that impact on the third sector.

Our activity

- Worked with West Glamorgan Regional Partnership Board to develop a regional approach to volunteering and look at innovative ways to involve volunteers in health and social care.
- Working with the Swansea Bay University Health Board, we hosted an event attended by over **100** delegates to identify how we can work better together to expand the support available to the NHS from the third sector.
- We collated information that enabled Swansea Bay University Health Board to put together a paper showcasing the work and added value that the third sector brings to supporting the health and wellbeing of the population.
- We supported Swansea Bay University Health Board's commissioning process through facilitation of workshops and creating opportunities for the third sector to input into the health board's commissioning framework.
- We supported the Regional Partnership Board to undertake an assessment of the health social care and support needs of the population to provide an evidence base of service provision which will be used to inform planning and commissioning.
- We led on the development of the first West Glamorgan Regional Carers Strategy and the Regional Carers Emergency Action Plan.
- We participated in West Glamorgan Regional Partnership Board, Transformation Boards, West Glamorgan Carers Partnership Board, and Carers Liaison Forum.
- With West Glamorgan partners, we supported and facilitated Possibilities for People events throughout the year and participated in funding panels that distributed Integrated Care funds (ICF) to the sector.
- We participated in the development of Third Sector Support Wales' (TSSW) five-year Future Planning Strategy.
- We organised and facilitated a consultation event with the sector on the Council's Corporate Plan: Recover, Reset, Renew.
- We participated in the early formation of the partnership with the council and others to support the Ukraine crisis.
- We continued to support Neath Port Talbot Safe and Well Partnership.
- We organised **46** local and regional third sector forums and networks focussing on health, social care and wellbeing, co-production, social value, carers, children and young people, and mental health.
- We held meetings with our local Members of the Senedd to highlight the needs of the sector and to inform and influence Welsh Government policy making.
- We continued to lead on and participate in the West Glamorgan Coproduction Group helping to embed coproduction principles across the West Glamorgan Partnership.
- We worked with partners across the region to help Swansea Bay University Health Board to distribute almost **600** unused field hospital beds.

Focus on... Winter Wellbeing for Carers

Neurological Rehabilitation Wales (NRWales), a social enterprise based in the Neath Valley, has established a successful Peer Support Group for carers thanks to funding received through the NPTCVS Winter Wellbeing Fund. NRWales offers specialist rehabilitation support to those affected by stroke or brain injury and whilst working with the patients, the instructors recognised the need for emotional support for their carers too. The Peer Support Group now provides a safe space where carers can come together, meet others in a similar position and learn about what support services are available to them.

Good Governance

We provided information and support to organisations to enable them to focus on business recovery as communities emerged from the pandemic. We provided support to trustees to increase their confidence, skills and knowledge, and gave intensive support to organisations, helping them address financial planning.

Our Achievements

- **15** new groups were established
- **85** groups supported to strengthen their governance

Queen's Award for Voluntary Service

Cymmer Afan Community Library was awarded QAVS (Queen's Award for Voluntary Service) in August 2021. Equivalent to an MBE, QAVS are the highest awards given to local voluntary groups in the UK, and they are awarded for life.



Information, Advice and Training

We provided third sector organisations, trustees and volunteers with the information, advice and training they needed to continue to deliver services and support to their communities and service users.

Access to digital information and support continued for many during the reporting year; however, more groups started to meet physically or take a hybrid approach.

Our Achievements

- We provided **398** organisations with direct advice and guidance
- We supported **82** organisations to access specialist advice and guidance
- We delivered **19** training sessions to **82** participants from local groups and organisations and **32** discrete training sessions to prepare and develop volunteers

Health Social Care and Wellbeing

Mental Health

- We compiled an online mental health services directory

Social Prescribing

- We had over **2,100** one-to-one appointments with individuals as part of the Social Prescribing service that is delivered on behalf of the Afan and Upper Valleys Clusters

Outreach Support for Diverse Communities

- We worked collaboratively with partners to deliver culturally sensitive health and wellbeing workshops at a local secondary school, attended by more than **40** pupils. The school is considering regular meetings with Black, Asian, and Minority Ethnic parents and pupils
- We have engaged with **500** members of the BME community through pilot surveys, chai and chat sessions, training, workshops, events, and webinars
- We worked closely with the Neath Port Talbot Black Minority Ethnic Community Association and other partners, to access information, guidance and support with health, education, business, and other issues that disproportionately impact our diverse communities

Carers

We continued to support the work of the West Glamorgan Regional Carers Partnership Board through:

- The development of the Carers Liaison Forum
- The development and approval of the Carers Strategy and the beginning of an action plan to implement the strategy
- Working with Swansea Law School to deliver a series of legal surgeries for carers to provide information, support, advocacy and help in making informed decisions

Hospital Discharge

- Through the Community Wellbeing Service, we helped **121** patients to be discharged from hospital with both practical and emotional support.

Virtual Wards

- Through weekly virtual wards, we helped to improve patient care by participating in the multi-disciplinary team, providing holistic support for those who are frail and who have complex health and social care needs. We have also supported a further **85** patients through the virtual wards multi-disciplinary teams by referring them on to third sector services that promote independent living and wellbeing.

Transport to Vaccine Centres

- We arranged **1,032** individual journeys to enable people to travel to mass vaccine centres. This has included short-notice emergency pickups and arranging collections of patients taken ill at vaccinations centres.

Vaccine Equity

- We supported Swansea Bay University Health board with the strategic direction and local implementation of the all-Wales Covid-19 Vaccination Program Vaccine Equity Strategy to ensure that everyone eligible for a vaccination could safely and easily access the vaccination service.

Co-production

- We continued to work with regional colleagues to ensure that co-production is embedded across the West Glamorgan Partnership. This also includes support for individuals to be involved in the process.

Social Value

- We have supported the work of the Social Value Forum across West Glamorgan and have worked with colleagues to upskill members on how to measure social value.

What those we've worked with have said:



From our Social prescriber service patients...

"The support you have given has saved my life...I have gone from wanting to end my life to wanting to live again."

"Being able to talk to someone has really helped me and my family see a positive change in the way I react to stressful situations."

From local groups...

"Thank you so much for helping us set this group up. It's given me purpose again. I've always wanted to help others, so I'm really excited for the future now."

"Thank you for your help. I feel more confident after your support."

"Through your current role with Swansea Bay University Health Board, you have established a great relationship with the Black Minority Ethnic community in Neath Port Talbot."

From our volunteer-run projects...

"Volunteering has benefited me in many ways through building my confidence, improving my punctuality, my teamwork and improving me as an individual." – **volunteer**

"Thanks for your brilliant training. Really insightful and interesting." – **volunteer**

"My volunteer befriender was understanding and easy to talk to. I could cry to her. She supported me through meetings, and she helped me with forms." – **project beneficiary**

"We have seen a great change in T since he built a relationship with his befriender. He is staying in more and talking more with us as a family." – **parent**

From GP Practices...

"Thank you for always trying to do the best for our patients, there are notable changes in many of our patients following your support."

"Patients seem to want to tell you so much more than they tell us and cannot praise you enough when we follow up with them."

From Carers...

"I am encouraged that there is a strategy in place to support all carers."

"I know that I am respected and my voice matters."



Trustees & Charity Administration

Neath Port Talbot CVS Board of Trustees 2021-2022

Barbara Cole
David Davies JP (Chairman)
Louise Fleet CStJ JP
Hugh James (from December 2021)
Joanna Jenkins MBE DL JP
Doreen Jones
Mary Lythgoe MBE (until December 2021)
Lorraine Miles
Clive Owen BEM
Dr Edward Roberts MBE DL CStJ FRCGP (Vice Chairman)
Malcolm Scott
Lesley Smith
Edred Thomas (Deceased June 2022)
Gwenda Thomas
Emma Tweed
Linda Whittaker

St Catwg's Church
Rotary Club of Neath
Thrive Women's Aid
Parish of Llansawel Briton Ferry
Neath YMCA
Age Connects Neath Port Talbot
Tiddlywinks Childcare Centre
Neath Port Talbot Shopmobility
Cruse Bereavement Care Morgannwg
Marauders Men's Health
View (Glynneath) Limited - Glynneath Training Centre
VIEW (DOVE) Limited
Baglan Men's Society
Canolfan Maerdy
Care and Repair Western Bay
Tai Tarian

Co-opted Members

Vacant - Swansea Bay University Health Board

Treasurer

John Flynn

Auditors

Bevan Buckland LLP,
Chartered Accountants
Cardigan House
Castle Court
Swansea Enterprise Park
Swansea SA7 9LA

Bankers

Lloyds Bank

Company Secretary

Mrs Gaynor Richards MBE DL LLD (Hon)

Lifetime President

Mrs Margaret Thorne CBE DL



Accounts

Independent Auditor's Statement to the Members of Neath Port Talbot Council for Voluntary Service Ltd

Opinion

We have reviewed the summary financial statements for the year ended 31st March 2022, which comprise the summary statement of comprehensive income and statement of financial position. The Summarised financial statements are extracted from the audited full annual financial statements, which were approved by the board. The report of the Independent Auditors on the full annual financial statements was unqualified. The summarised Accounts do not contain sufficient information to allow for a full understanding of the financial affairs of the charitable company. A copy of the full annual financial statements and Report of the Trustees can be obtained from the registered office.

Opinion on the summary financial statements:

In our opinion the summary financial statements are consistent with the full annual financial statements of The Neath Port Talbot Council for Voluntary Service for the year ended 31st March 2022.

We have not considered the effects of any events between the date on which we signed our report on the full annual financial statements, and the date of this report.

Respective responsibilities of the board and the auditor

The board is responsible for preparing the summarised annual report in accordance with applicable United Kingdom law.

Our responsibility is to report to you our opinion on the consistency of the summary financial statements against the full annual financial statements and Report of the Trustees.

We also read the other information contained in the summarised annual report and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies within the summary financial statements.

We conducted our work in accordance with ISA (720) issued by the Auditing Practices Board. Our report on the charitable company's full annual financial statements describes the basis of our opinion on those financial statements and on the Report of Trustees.

Alison Vickers (Senior Statutory Auditor)
For and on behalf of Bevan Buckland LLP
Chartered Accountants & Statutory Auditors
Swansea
SA7 9LA

Statement of Financial Activities (Incorporating an Income and Expenditure Account) For the year ended 31 March 2022

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
INCOME AND ENDOWMENTS FROM:				
Charitable activities	216,006	1,225,558	1,441,564	1,958,183
Other trading activity	33,932	-	33,932	16,252
Investment Income	5,090	-	5,090	7,047
Total	255,028	1,225,558	1,480,586	1,981,482
EXPENDITURE ON:				
Charitable activities	203,932	1,049,092	1,253,024	1,739,827
Total	203,932	1,049,092	1,253,024	1,739,827
NET INCOME/EXPENDITURE	51,096	176,466	227,562	241,655
Transfers between funds	-	-	-	-
OTHER RECOGNISED GAINS/(LOSSES):				
Gains/(losses) on revaluation of investment property	34,500	-	34,500	-
NET MOVEMENT IN FUNDS	85,596	176,466	262,062	241,655
RECONCILIATION OF FUNDS				
Total funds brought forward	1,244,046	661,597	1,905,643	1,663,988
TOTAL FUNDS CARRIED FORWARD	1,329,642	838,063	2,167,705	1,905,643

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities

Statement of Financial Position
As at 31 March 2022
(Co. No. 3341466)

	2022 £	2021 £
NON CURRENT ASSETS		
Property, plant & equipment	395,827	408,466
Investment property	120,000	85,500
CURRENT ASSETS		
Debtors	49,036	341,527
Cash and cash equivalents	1,779,108	1,222,838
	1,828,144	1,564,365
CURRENT LIABILITIES	(176,266)	(152,688)
NET CURRENT ASSETS	1,651,878	1,411,677
TOTAL ASSETS LESS CURRENT LIABILITIES	2,167,705	1,905,643
NET ASSETS	2,167,705	1,905,643
FUNDS		
Unrestricted funds	1,329,642	1,244,046
Restricted funds	838,063	661,597
TOTAL FUNDS	2,167,705	1,905,643

Notes to the financial statements
For the year ended 31 March 2022

MOVEMENT IN FUNDS	At 01.04.21	Net movement in reserves	At 31.03.22
Unrestricted funds			
Unrestricted funds	54,162	51,851	106,013
Designated funds	1,080,000	-	1,080,000
Designated capital funds	24,384	(755)	23,629
Designated capital funds investment property	85,500	34,500	120,000
	1,244,046	85,596	1,329,642
Restricted funds			
Restricted funds	277,515	188,351	465,866
Restricted capital funds	384,082	(11,884)	372,198
	661,597	176,466	838,063
	1,905,643	262,062	2,167,705

Designated Funds Represent:	£
Critical costs	325,000
Maintaining core activities and staff development	665,000
ICT equipment reserve	15,000
Major repairs	75,000
	1,080,000
Designated Capital Spend	143,629
	1,223,629

Critical costs represents contingency planning for the critical costs to support the charity's medium term objectives.

The charity has designated at least four months of running costs.

The other designated funds represent planned spend which will be defrayed in the medium term.

The restricted capital fund balance of £372,198 (2021 - £384,082) represents the net book value of the buildings and equipment that have been purchased through a restricted grant. The transfer out of this reserve represents the depreciation charge for the year.

The Designated Capital Spend fund reflects the value of monies spent on the tangible assets which have not been funded out of grant income. This balance represents a spend out of the general funds.

Unrestricted funds - this fund represents the general unrestricted funds of charity available to be spent for any of the purposes of the charity. Transfers to and from this fund are the balancing entries for the transfers noted above within designated and restricted funds.